

CHAPTER 20 ADDENDUM C

ACTIVE DUTY CARE GUIDELINES

These guidelines are intended as a sampling of treatment situations. They are not all-inclusive and are provided to help providers and Health Care Finders (HCFs) determine what types of health care services require a fitness-for-duty review by the service point of contact (SPOC) ([Chapter 20, Addendum B](#)). Providers and HCFs are encouraged to contact the SPOC in specific situations for information and clarification on health care for ADSMs. The contractor shall conduct the Prime medical necessity reviews as required by contract.

FIGURE 20-C-1 ACTIVE DUTY PRIMARY CARE GUIDELINES

HEALTH CARE SERVICE	SPOC REVIEW REQUIRED	*WHERE IS CARE PROVIDED?
Primary care medical services	No	PCM (or TRICARE-authorized Civilian Provider) or MTF
Emergency/Urgent consults and tests required within 48 hours	Yes, but care will not be delayed while waiting for SPOC response	TRICARE-authorized Civilian Provider
	Follow-up specialty care requires SPOC review	TRICARE-authorized Civilian Provider if approved by SPOC, or MTF
Periodic health assessments offered under Prime enhanced benefit	No	PCM (or TRICARE-authorized Civilian Provider), or MTF
Periodic eye and hearing examinations	No	TRICARE-authorized Civilian Provider or MTF as designated by SPOC
Eye glasses/contacts	Yes	MTF or Service Labs; SPOC will provide information to ADSM
Annual GYN/Pap exam	No	PCM (or TRICARE-authorized Civilian Provider), or MTF
	SPOC to review follow-on visits	PCM (or TRICARE-authorized Civilian Provider if approved by SPOC), or MTF

FIGURE 20-C-1 ACTIVE DUTY PRIMARY CARE GUIDELINES (CONTINUED)

HEALTH CARE SERVICE	SPOC REVIEW REQUIRED	*WHERE IS CARE PROVIDED?
Service specific physical exams (for DoD/Service forms)	Yes	TRICARE-authorized Civilian Provider or MTF as designated SPOC)
HIV testing incidental to an episode of care	No	PCM (or TRICARE-authorized Civilian Provider)
Maternity Care: Routine-- Complicated pregnancies--	1st OB visit requires SPOC review; Routine OB follow-up visits and clinically indicated evaluations not related to complications (such as ultrasounds done for dating determinations) do not require SPOC review Care for complications of pregnancy, including care that requires invasive procedures or hospitalization(s) require SPOC review	TRICARE-authorized Civilian Provider
Hearing appliances	Yes	MTF; SPOC will provide information to ADSM
Orthotics	Yes	TRICARE-authorized Civilian Provider
Physical Therapy	Yes	TRICARE-authorized Civilian Provider
Service-required immunizations	No	PCM (or TRICARE-authorized Civilian Provider), or MTF
Routine dental care and dental procedures	Forward claims and inquiries to SPOC	Civilian dentist (SPOC processes and pays claims

FIGURE 20-C-2 ACTIVE DUTY SPECIALTY/INPATIENT CARE GUIDELINES

HEALTH CARE SERVICE	SPOC REVIEW REQUIRED	*WHERE CARE IS PROVIDED?
Counseling by a marriage & family therapist	Yes	TRICARE-authorized Civilian Provider
Mental health counseling, psychiatric care and testing	Yes	TRICARE-authorized Civilian Provider or MTF
Invasive surgical-medical procedures - inpatient/ outpatient, non-emergency	Yes	TRICARE-authorized Civilian Provider or MTF as designated by SPOC
Family planning (tubal ligation/vasectomy)	Yes	TRICARE-authorized Civilian Provider or MTF as designated by SPOC
Infertility evaluation	No	PCM (or TRICARE-authorized Civilian Provider)
	Yes (for follow-up specialty care/ surgery)	TRICARE-authorized Civilian Provider or MTF as designated by SPOC
Drug, alcohol & follow-on care for substance abuse	Yes	TRICARE-authorized Civilian Provider or MTF if designated by SPOC
Transplants	Yes	STS (or Authorized Civilian Transplant Center if STS not available)
Experimental protocols, as allowed by the Uniform Benefit	Yes	TRICARE-authorized Civilian Provider or MTF as designated by SPOC
Specialty dental care (crowns, bridges, endodontics, etc.)	Forward claims and inquiries to SPOC	Civilian dentist (SPOC processes and pays claims)
Adjunctive dental care	Forward claims and inquiries to SPOC	TRICARE-authorized Civilian Provider (SPOC processes and pays claims)
Ambulatory Surgery or Inpatient care	Yes	TRICARE-authorized Civilian Provider or MTF as designated by SPOC
Prescriptions for controlled substances	Yes (retrospective)	TRICARE-authorized Civilian Provider
All inpatient care	Yes	TRICARE-authorized Civilian Provider

* An ADSM may always choose to receive care from a military source even when the SPOC authorizes civilian care.

